

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
1	246	QUANTRELL , Robert	TriCamp Race Team	M	1	35-39	1	0:05:29.15	0:00:31.25	0:33:30.80	0:00:32.85	0:17:31.25	0:57:35.30
2	232	LUCAS , Paul	0	M	2	30-34	1	0:06:57.15	0:00:52.45	0:36:07.60	0:00:37.50	0:17:53.80	1:02:28.50
3	238	KYRTATOS , Panagiotis	Tri London	M	3	25-29	1	0:06:10.85	0:00:47.10	0:37:08.15	0:00:40.90	0:18:59.55	1:03:46.55
4	188	BACI , Arber	Trent Park	M	4	30-34	2	0:08:22.40	0:00:53.35	0:36:07.45	0:00:49.10	0:18:11.00	1:04:23.30
5	217	CROSS , Adam	Tri-Force	M	5	20-24	1	0:06:37.30	0:00:59.85	0:35:51.70	0:00:47.45	0:20:14.50	1:04:30.80
6	179	HUBBLE , Dyfrig	0	M	6	35-39	2	0:06:25.20	0:00:47.00	0:36:40.30	0:00:35.10	0:20:07.45	1:04:35.05
7	172	PABLO GARCIA LOPEZ , Juan	Kings College Triathlon Club	M	7	35-39	3	0:07:19.50	0:00:41.50	0:38:14.10	0:00:53.40	0:17:41.45	1:04:49.95
8	221	HOWARD , justin	Team Gatorade	M	8	40-44	1	0:07:15.10	0:00:52.75	0:36:45.35	0:00:40.25	0:19:36.65	1:05:10.10
9	230	WADGE , Jonathan	Tri force	M	9	35-39	4	0:07:02.25	0:01:18.15	0:37:32.95	0:00:55.50	0:18:22.45	1:05:11.30
10	244	BERRY , Kathryn	Tri Camp Race team	F	1	30-34	1	0:05:50.10	0:00:35.20	0:37:43.25	0:00:41.65	0:21:09.05	1:05:59.25
11	167	DUQUE , Ismael	0	M	10	25-29	2	0:08:23.65	0:00:53.80	0:35:56.40	0:00:41.75	0:20:17.55	1:06:13.15
12	222	POTTER , John	0	M	11	35-39	5	0:06:54.10	0:00:34.05	0:35:14.25	0:00:36.05	0:23:07.90	1:06:26.35
13	225	BOWIE , luke	trent park running club	M	12	30-34	3	0:06:54.25	0:00:47.15	0:39:02.30	0:00:58.45	0:19:05.65	1:06:47.80
14	240	O'SULLIVAN , Andrew	HA Tri	M	13	25-29	3	0:05:36.40	0:01:49.10	0:37:44.35	0:00:47.55	0:21:18.15	1:07:15.55
15	163	FORREST , Troy	0	M	14	30-34	4	0:07:05.25	0:01:06.70	0:38:44.35	0:00:56.20	0:20:40.65	1:08:33.15
16	233	HUBBLE , Dylan	0	M	15	35-39	6	0:06:52.85	0:00:50.15	0:37:20.45	0:00:55.20	0:22:40.60	1:08:39.25
17	191	DE VILLIERS , Lientjie	Tri-Force	F	2	25-29	1	0:07:46.85	0:00:51.70	0:40:04.05	0:00:43.60	0:19:23.25	1:08:49.45
18	142	MCDERMOTT , jason	trent park tri club	M	16	30-34	5	0:09:35.75	0:00:56.00	0:37:39.65	0:00:50.10	0:19:59.30	1:09:00.80
19	245	MCDONALD , Daniel	0	M	17	25-29	4	0:05:34.85	0:01:01.70	0:39:58.25	0:01:37.85	0:20:52.15	1:09:04.80
20	205	BROGAN , MicheCII	Trent Park Running Club	M	18	45-49	1	0:07:52.20	0:00:36.50	0:39:52.65	0:00:41.65	0:20:02.85	1:09:05.85
21	236	SLATER , Peter	0	M	19	25-29	5	0:07:13.25	0:02:30.35	0:38:18.40	0:01:10.20	0:19:57.15	1:09:09.35
22	139	PRICE , Joseph	0	M	20	30-34	6	0:07:57.05	0:01:03.10	0:39:58.95	0:00:32.10	0:19:44.40	1:09:15.60
23	206	PHILLIPS , Timothy	0	M	21	45-49	2	0:08:46.40	0:00:56.70	0:37:22.15	0:00:47.45	0:21:32.35	1:09:25.05
24	235	POUT , Christine	0	F	3	50-54	1	0:06:29.80	0:01:03.50	0:38:43.85	0:01:10.90	0:22:05.65	1:09:33.70
25	127	HENRIKSEN , Rune	0	M	22	35-39	7	0:08:53.35	0:01:27.15	0:37:42.45	0:01:01.95	0:20:34.55	1:09:39.45
26	195	ASTON-O'DONOVAN , Marc	London Fire Brigade	M	23	35-39	8	0:07:15.55	0:00:41.30	0:39:34.95	0:00:35.20	0:21:38.35	1:09:45.35
27	180	HARRISON , Mark	0	M	24	25-29	6	0:08:26.60	0:01:29.00	0:36:38.60	0:01:38.00	0:21:46.45	1:09:58.65
28	194	DRISCOLL , Martin	0	M	25	25-29	7	0:07:18.95	0:00:38.60	0:38:17.35	0:00:49.10	0:23:07.60	1:10:11.60
29	102	HOSTY , Stephen	0	M	26	35-39	9	0:08:36.85	0:01:58.50	0:39:44.75	0:00:58.90	0:18:54.00	1:10:13.00
30	136	SAUKA , Thomas	0	M	27	35-39	10	0:09:00.15	0:00:43.75	0:38:55.40	0:00:36.15	0:21:14.80	1:10:30.25

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
31	166	BREAM , Robert	0	M	28	35-39	11	0:08:13.90	0:01:13.45	0:41:20.25	0:00:28.35	0:19:58.70	1:11:14.65
32	202	FREER , Gary	Team Trisports	M	29	30-34	7	0:07:42.85	0:01:16.15	0:39:09.35	0:01:00.95	0:22:09.30	1:11:18.60
33	243	HODGE , Madeline	0	F	4	25-29	2	0:06:10.55	0:00:50.35	0:41:35.80	0:00:52.85	0:21:57.80	1:11:27.35
34	64	STOCKWELL , Neil	0	M	30	45-49	3	0:09:01.20	0:01:30.70	0:38:58.15	0:00:59.40	0:21:01.00	1:11:30.45
35	3	BROWN , Tim	Trent Park	M	31	40-44	2	0:08:18.05	0:01:24.55	0:41:11.55	0:01:04.65	0:19:31.75	1:11:30.55
36	237	MUCKLESTON , Craig	0	M	32	40-44	3	0:06:02.90	0:00:47.35	0:41:59.55	0:00:53.80	0:21:50.75	1:11:34.35
37	207	PAYER , Bill	0	M	33	50-54	1	0:08:04.70	0:01:15.10	0:38:30.10	0:00:44.90	0:23:21.95	1:11:56.75
38	247	HODGE , Charlie	0	M	34	25-29	8	0:06:30.15	0:01:20.50	0:41:49.00	0:01:12.40	0:21:15.25	1:12:07.30
39	162	HILL , Graham	Freedom Tri	M	35	25-29	9	0:08:02.90	0:00:40.35	0:41:13.90	0:00:41.60	0:21:32.95	1:12:11.70
40	150	DAVIS , John	Tri-Force	M	36	45-49	4	0:08:20.95	0:01:38.30	0:39:39.85	0:00:52.95	0:21:41.45	1:12:13.50
41	50	ALCOCK , Terry	Herts police triathlon club	M	37	35-39	12	0:09:43.00	0:01:10.00	0:39:37.95	0:00:47.05	0:21:18.35	1:12:36.35
42	175	THOMAS , Andy	0	M	38	20-24	2	0:07:48.45	0:00:50.95	0:39:06.25	0:00:56.55	0:24:03.15	1:12:45.35
43	231	SPENDER , Adrian	0	M	39	35-39	13	0:06:43.40	0:00:44.50	0:40:25.90	0:00:37.60	0:24:18.55	1:12:49.95
44	168	SIMPSON , Ben	0	M	40	25-29	10	0:06:52.55	0:01:10.00	0:42:51.65	0:00:56.50	0:21:38.15	1:13:28.85
45	165	EARTHY , Robert	0	M	41	40-44	4	0:07:23.10	0:02:06.80	0:40:29.60	0:01:34.05	0:22:00.85	1:13:34.40
46	211	MAYERS , andrew	Leicester Triathlon Club	M	42	50-54	2	0:07:16.20	0:01:36.75	0:39:26.05	0:01:15.85	0:24:05.40	1:13:40.25
47	97	WILKINSON , Ross	0	M	43	20-24	3	0:08:25.10	0:01:32.35	0:41:19.30	0:01:06.90	0:21:17.35	1:13:41.00
48	214	EARL , Martin	0	M	44	35-39	14	0:06:51.15	0:01:29.60	0:40:59.15	0:01:17.40	0:23:17.70	1:13:55.00
49	120	BOYALL , Tim	Met Police Tri	M	45	40-44	5	0:08:01.05	0:01:03.00	0:41:38.70	0:01:08.20	0:22:14.95	1:14:05.90
50	241	BIGOT , Gary	0	M	46	40-44	6	0:05:30.25	0:01:41.75	0:41:17.40	0:00:56.65	0:24:44.95	1:14:11.00
51	169	BRENNAN , Danny	0	M	47	20-24	4	0:08:22.85	0:01:37.35	0:42:05.05	0:02:00.45	0:20:12.40	1:14:18.10
52	153	HUDSON , Tim	0	M	48	35-39	15	0:07:56.25	0:00:56.70	0:43:21.80	0:00:42.00	0:22:03.90	1:15:00.65
53	137	LAMBERT , Steve	0	M	49	45-49	5	0:09:34.00	0:00:36.45	0:41:37.85	0:00:49.00	0:22:35.95	1:15:13.25
54	186	MATTHEWS , Danny	Freedom Tri	M	50	35-39	16	0:08:03.45	0:02:06.05	0:39:22.00	0:01:07.85	0:24:55.90	1:15:35.25
55	181	HUCKSTEP , paul	0	M	51	35-39	17	0:07:19.45	0:00:51.55	0:40:08.70	0:01:01.20	0:26:16.45	1:15:37.35
56	147	SPEARMAN , Freddie	Tri-Force	M	52	20-24	5	0:07:43.45	0:01:22.25	0:45:30.60	0:00:57.20	0:20:28.85	1:16:02.35
57	201	COOKE , Stuart	Team Trisports	M	53	30-34	8	0:08:10.35	0:01:23.35	0:43:20.35	0:00:59.40	0:22:10.50	1:16:03.95
58	155	RHODES , Tony	0	M	54	65-69	1	0:08:14.45	0:01:20.75	0:42:32.60	0:00:59.20	0:23:01.45	1:16:08.45
59	154	LANGTON , Daniel	Met police tri club	M	55	30-34	9	0:08:55.00	0:02:22.40	0:43:04.80	0:01:13.55	0:20:35.05	1:16:10.80
60	213	LAIRD , Mike	0	M	56	25-29	11	0:06:19.00	0:02:05.35	0:43:57.85	0:01:21.05	0:22:29.55	1:16:12.80
61	118	OSMAN , simon	0	M	57	35-39	18	0:08:22.55	0:01:37.40	0:42:41.85	0:00:55.95	0:22:36.15	1:16:13.90

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
62	228	REES , Anthony	0	M	58	30-34	10	0:05:50.75	0:02:06.30	0:46:44.35	0:00:42.25	0:20:50.50	1:16:14.15
63	148	WATSON , Jonathan	0	M	59	35-39	19	0:08:32.40	0:01:28.05	0:42:01.95	0:01:06.00	0:23:08.95	1:16:17.35
64	189	BALL , Jonathan	Trent Park	M	60	45-49	6	0:07:16.90	0:00:59.80	0:43:41.30	0:00:33.05	0:23:58.80	1:16:29.85
65	107	ARGENT-BOWIE , maclaime	Trent Park Running Club	M	61	15-19	1	0:11:17.95	0:01:19.10	0:43:23.55	0:00:32.00	0:20:01.75	1:16:34.35
66	196	ASTON-O'DONOVAN , Anthony	LFB	M	62	35-39	20	0:07:22.25	0:01:21.80	0:42:45.25	0:00:59.50	0:24:07.80	1:16:36.60
67	121	STACEY , Rob	0	M	63	35-39	21	0:08:36.65	0:01:53.45	0:42:40.55	0:00:35.60	0:22:56.05	1:16:42.30
68	43	BARWELL , Guy	0	M	64	40-44	7	0:09:41.00	0:02:20.45	0:39:59.25	0:01:21.90	0:23:24.80	1:16:47.40
69	185	DEARMAN , Jonathan	0	M	65	40-44	8	0:08:53.60	0:01:38.70	0:43:00.20	0:01:08.75	0:22:09.65	1:16:50.90
70	125	WILLIAMS , James	0	M	66	40-44	9	0:08:58.00	0:01:17.10	0:41:11.10	0:01:13.40	0:24:34.40	1:17:14.00
71	227	EVANS , Gareth	0	M	67	45-49	7	0:06:43.40	0:01:08.00	0:44:29.10	0:00:49.55	0:24:11.90	1:17:21.95
72	203	MILLS-BISHOP , Toby	Tri-force	M	68	25-29	12	0:07:10.80	0:01:35.35	0:45:52.90	0:01:07.40	0:21:37.70	1:17:24.15
73	96	MURPHY , daniel	0	M	69	40-44	10	0:08:58.75	0:01:20.65	0:43:06.65	0:00:46.05	0:23:50.90	1:18:03.00
74	215	SEDGWICK , Robert	Freedom Tri	M	70	40-44	11	0:07:30.85	0:01:22.90	0:44:07.30	0:00:58.35	0:24:06.05	1:18:05.45
75	156	ATKIN , Rob	Bicester tri	M	71	45-49	8	0:07:29.55	0:01:08.50	0:44:36.90	0:01:37.95	0:23:13.20	1:18:06.10
76	42	ATKINSON , Elliott	0	M	72	25-29	13	0:10:25.45	0:01:47.35	0:41:13.15	0:01:16.90	0:23:27.10	1:18:09.95
77	208	WOOD , Derek	Transition Tri	M	73	35-39	22	0:07:25.65	0:01:02.40	0:45:13.85	0:00:57.60	0:23:44.35	1:18:23.85
78	171	DOCTOR , Ruth	Alnwick	F	5	40-44	1	0:07:04.95	0:01:34.30	0:44:59.10	0:00:58.95	0:23:51.95	1:18:29.25
79	164	COYLE , James	Virgin Active	M	74	25-29	14	0:07:55.50	0:01:54.20	0:45:06.40	0:01:03.00	0:22:32.50	1:18:31.60
80	105	HEALY , Antony	0	M	75	35-39	23	0:08:32.35	0:02:17.75	0:45:00.50	0:01:36.35	0:21:15.30	1:18:42.25
81	58	EVANGELOU , Andrew	0	M	76	30-34	11	0:08:49.90	0:01:53.25	0:43:38.85	0:02:18.40	0:22:11.65	1:18:52.05
82	229	RENFREW , Stuart	0	M	77	45-49	9	0:07:11.50	0:01:14.10	0:43:17.60	0:01:08.20	0:26:04.30	1:18:55.70
83	174	HARRISON , Peter	0	M	78	50-54	3	0:09:17.40	0:01:52.10	0:41:42.60	0:02:05.85	0:24:03.80	1:19:01.75
84	46	MORAN , Brian	0	M	79	40-44	12	0:09:32.70	0:02:11.05	0:41:42.70	0:01:08.15	0:24:31.20	1:19:05.80
85	170	MCCALLA , Lorne	0	M	80	50-54	4	0:07:45.30	0:01:17.05	0:43:51.65	0:01:30.10	0:24:46.55	1:19:10.65
86	35	BATEMAN , Thomas	Challenge Central	M	81	30-34	12	0:10:11.55	0:02:24.65	0:42:26.45	0:02:10.85	0:22:05.35	1:19:18.85
87	130	PHILLIPS , Sarah	0	F	6	40-44	2	0:09:43.70	0:02:04.10	0:43:48.45	0:01:21.65	0:22:21.15	1:19:19.05
88	182	HUCKSTEP , ben	0	M	82	30-34	13	0:08:18.10	0:01:34.70	0:43:41.25	0:01:02.55	0:24:50.65	1:19:27.25
89	67	WILKINS , Michael	St Albans Striders	M	83	45-49	10	0:10:33.85	0:02:10.45	0:42:35.75	0:01:53.40	0:22:25.30	1:19:38.75
90	98	FORREST , Kathy	0	F	7	45-49	1	0:07:46.50	0:01:22.45	0:44:36.45	0:00:49.05	0:25:08.60	1:19:43.05
91	113	WICKINGS , Robert	Watford joggers	M	84	45-49	11	0:10:29.60	0:01:59.30	0:43:01.45	0:01:22.35	0:22:54.70	1:19:47.40

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
92	204	HARRIS , ian	0	M	85	50-54	5	0:07:19.10	0:01:21.10	0:43:27.75	0:01:28.85	0:26:18.90	1:19:55.70
93	45	DADSWELL , Andrew	0	M	86	35-39	24	0:09:56.75	0:01:35.35	0:42:19.05	0:01:00.15	0:25:06.90	1:19:58.20
94	60	MCTAIT , Graeme	Tri-Force	M	87	40-44	13	0:09:22.10	0:02:38.00	0:41:50.50	0:00:56.90	0:25:18.60	1:20:06.10
95	151	BENNETT , Andrew	0	M	88	45-49	12	0:08:42.00	0:01:09.70	0:44:43.30	0:00:56.95	0:24:37.50	1:20:09.45
96	124	CASTLE , Andy	0	M	89	35-39	25	0:08:58.80	0:01:44.55	0:44:31.50	0:01:34.65	0:23:29.55	1:20:19.05
97	144	KEENAN , Jamie	0	M	90	45-49	13	0:08:26.70	0:02:40.05	0:45:09.80	0:00:49.35	0:23:20.80	1:20:26.70
98	110	SAUNDERS , David	0	M	91	45-49	14	0:08:01.60	0:02:46.95	0:42:31.60	0:01:14.85	0:26:10.55	1:20:45.55
99	239	QUIGLEY , Julie	0	F	8	35-39	1	0:06:48.55	0:01:46.25	0:45:41.50	0:01:27.95	0:25:06.75	1:20:51.00
100	83	GRAY , Christopher	0	M	92	35-39	26	0:09:07.60	0:02:13.20	0:46:02.60	0:01:22.40	0:22:11.80	1:20:57.60
101	88	KENNY , Gary	0	M	93	35-39	27	0:13:10.80	0:01:27.80	0:40:09.50	0:01:17.55	0:24:55.80	1:21:01.45
102	56	GUNDOGDU , Volkan	0	M	94	30-34	14	0:09:33.00	0:01:35.05	0:47:43.90	0:00:46.65	0:21:43.30	1:21:21.90
103	226	JENNINGS-MARES , Jeremy	0	M	95	45-49	15	0:08:18.25	0:01:26.55	0:47:11.65	0:00:49.35	0:23:41.35	1:21:27.15
104	68	HIGGINS , Pat	St Albans striders	M	96	55-59	1	0:08:58.05	0:01:36.65	0:46:25.50	0:00:59.65	0:23:52.45	1:21:52.30
105	224	BOND , chris	0	M	97	50-54	6	0:07:22.95	0:02:20.95	0:43:36.15	0:01:38.25	0:26:54.20	1:21:52.50
106	234	COLLINS , Dave	0	M	98	40-44	14	0:06:57.20	0:01:32.30	0:50:04.75	0:00:38.05	0:22:50.55	1:22:02.85
107	115	CHILDS , Colin	Challenge Central	M	99	55-59	2	0:08:42.20	0:01:52.35	0:44:00.50	0:01:11.90	0:26:22.90	1:22:09.85
108	135	MANGAN , Stuart	0	M	100	40-44	15	0:08:54.80	0:02:40.30	0:46:40.25	0:01:21.05	0:22:50.15	1:22:26.55
109	27	O'SULLIVAN , Ross	0	M	101	25-29	15	0:10:31.25	0:01:28.85	0:47:09.30	0:00:58.20	0:22:35.45	1:22:43.05
110	94	QUIGLEY , Richard	0	M	102	40-44	16	0:10:08.00	0:01:32.80	0:43:31.90	0:01:09.40	0:26:22.00	1:22:44.10
111	76	CLEMENTS , Trevor	Tri Force	M	103	50-54	7	0:13:07.35	0:03:39.35	0:43:20.25	0:01:54.45	0:20:52.20	1:22:53.60
112	100	HOWARD , Matthew	Transition tri	M	104	35-39	28	0:09:38.15	0:01:00.25	0:44:18.45	0:00:56.20	0:27:01.80	1:22:54.85
113	40	CHILDERSTONE , Sam	0	M	105	25-29	16	0:09:37.15	0:01:48.20	0:45:33.10	0:00:46.60	0:25:23.95	1:23:09.00
114	209	HOLLOWAY , Naomi	0	F	9	40-44	3	0:07:31.30	0:01:51.40	0:47:41.70	0:01:13.75	0:25:27.00	1:23:45.15
115	28	JONES , Iain	Biggleswade AC	M	106	30-34	15	0:10:30.10	0:01:59.20	0:47:16.70	0:02:02.80	0:22:00.35	1:23:49.15
116	14	HUDGELL , sarah	0	F	10	35-39	2	0:09:36.30	0:02:51.35	0:48:22.00	0:00:43.45	0:22:41.50	1:24:14.60
117	57	WALSH , Simon	0	M	107	40-44	17	0:08:58.60	0:03:42.30	0:42:21.00	0:02:19.25	0:26:59.60	1:24:20.75
118	15	BOSTOCK , Paul	0	M	108	30-34	16	0:10:15.55	0:02:11.95	0:48:12.25	0:01:00.75	0:22:40.75	1:24:21.25
119	140	EVANS , Debbie	0	F	11	55-59	1	0:09:59.60	0:00:57.95	0:45:41.80	0:01:20.35	0:26:33.15	1:24:32.85
120	131	HANCOCK , Vincent	0	M	109	40-44	18	0:09:24.95	0:01:47.65	0:43:45.00	0:02:03.30	0:27:41.80	1:24:42.70
121	152	KATE FARMER , Anna	0	F	12	30-34	2	0:09:27.75	0:02:31.10	0:47:24.65	0:01:23.65	0:23:56.65	1:24:43.80
122	82	METCALFE , Adam	0	M	110	25-29	17	0:08:12.50	0:03:36.45	0:45:24.50	0:01:54.15	0:25:45.30	1:24:52.90

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
123	52	CURTIS , John	0	M	111	30-34	17	0:10:12.05	0:02:51.35	0:48:03.65	0:00:46.75	0:23:11.65	1:25:05.45
124	20	MCCANN , Ross	0	M	112	25-29	18	0:10:10.80	0:02:54.25	0:47:03.25	0:00:59.00	0:24:05.15	1:25:12.45
125	38	PATEL , Abs	0	M	113	30-34	18	0:09:19.00	0:01:35.25	0:49:43.40	0:01:04.50	0:23:43.50	1:25:25.65
126	119	SLATER , Robert	0	M	114	40-44	19	0:10:07.75	0:02:58.25	0:47:55.45	0:01:21.55	0:23:10.15	1:25:33.15
127	129	DAVIES , Martin	0	M	115	45-49	16	0:10:12.65	0:02:34.90	0:43:40.75	0:01:42.30	0:27:30.65	1:25:41.25
128	54	BUTLER , darrell	0	M	116	45-49	17	0:09:06.35	0:02:17.80	0:49:54.15	0:00:42.55	0:23:47.35	1:25:48.20
129	141	PEPPER , Francesca	0	F	13	40-44	4	0:08:54.10	0:01:26.15	0:44:58.70	0:01:46.15	0:28:55.90	1:26:01.00
130	116	BISHOP , Gemma	0	F	14	30-34	3	0:08:38.40	0:02:36.20	0:46:56.10	0:01:23.80	0:26:30.80	1:26:05.30
131	117	KINGHAM , Michael	0	M	117	20-24	6	0:08:49.65	0:01:57.95	0:51:29.05	0:00:43.85	0:23:18.30	1:26:18.80
132	89	BLEAKLEY , Alasdair	0	M	118	40-44	20	0:09:42.80	0:02:01.70	0:50:14.25	0:00:45.05	0:23:44.40	1:26:28.20
133	8	COAKLEY , Malcolm	0	M	119	50-54	8	0:08:59.20	0:02:27.85	0:46:23.90	0:01:36.20	0:27:03.70	1:26:30.85
134	223	CHERRY , Lisa	0	F	15	30-34	4	0:07:04.85	0:02:32.65	0:50:57.50	0:00:50.25	0:25:22.40	1:26:47.65
135	32	ANASTASIOU , Andrew	Tri-Force	M	120	50-54	9	0:10:05.45	0:02:16.05	0:47:50.95	0:01:06.15	0:25:43.15	1:27:01.75
136	90	WILKINSON , Gordon	0	M	121	45-49	18	0:09:22.60	0:01:55.35	0:46:44.65	0:01:29.45	0:27:33.30	1:27:05.35
137	108	HOLDER , Debbie	Triforce	F	16	40-44	5	0:10:08.65	0:02:04.55	0:49:01.00	0:01:28.45	0:24:44.55	1:27:27.20
138	70	REID , Carol	Tri-Force	F	17	50-54	2	0:11:42.75	0:01:56.20	0:49:43.55	0:00:41.70	0:23:23.55	1:27:27.75
139	93	STEPHENS , David	0	M	122	25-29	19	0:08:44.85	0:02:21.10	0:51:58.35	0:01:18.25	0:23:26.70	1:27:49.25
140	173	STARLING , Gary	0	M	123	45-49	19	0:10:03.20	0:02:41.90	0:47:10.15	0:01:00.25	0:26:54.90	1:27:50.40
141	133	NOEL , Ed	0	M	124	20-24	7	0:08:41.70	0:04:28.00	0:49:19.00	0:01:30.65	0:24:06.60	1:28:05.95
142	112	MONTGOMERIE , Stuart	0	M	125	40-44	21	0:09:19.25	0:02:25.75	0:47:05.15	0:01:03.25	0:28:30.65	1:28:24.05
143	177	WOODCRAFT , Nick	0	M	126	35-39	29	0:08:44.50	0:02:20.25	0:50:02.60	0:01:11.55	0:26:21.75	1:28:40.65
144	74	RYAN , John	Stopsley Striders	M	127	50-54	10	0:10:09.40	0:02:42.00	0:50:52.10	0:01:37.90	0:23:22.30	1:28:43.70
145	184	PHELAN , Vincent	0	M	128	55-59	3	0:10:44.70	0:02:33.40	0:47:23.30	0:01:40.05	0:26:53.75	1:29:15.20
146	34	BATEMAN , PHIL	DERBY TRI	M	129	55-59	4	0:12:24.60	0:02:16.20	0:46:26.00	0:01:37.45	0:26:34.15	1:29:18.40
147	149	CREED , Natalie	0	F	18	35-39	3	0:09:07.75	0:01:41.40	0:50:25.65	0:01:01.60	0:27:05.55	1:29:21.95
148	9	MOSS , Phillip	0	M	130	40-44	22	0:08:04.55	0:02:49.20	0:51:25.80	0:01:11.00	0:25:51.85	1:29:22.40
149	71	ALVAREZ , Juan	0	M	131	35-39	30	0:11:55.45	0:00:00.00	0:48:49.25	0:00:53.90	0:27:51.25	1:29:29.85
150	123	DRISCOLL , Sheila	0	F	19	50-54	3	0:09:01.00	0:01:19.00	0:50:02.40	0:00:39.45	0:28:42.85	1:29:44.70
151	91	PALMER , Richard	0	M	132	50-54	11	0:10:53.05	0:02:19.25	0:50:37.50	0:01:23.45	0:24:41.60	1:29:54.85
152	109	FORDHAM , Giles	0	M	133	45-49	20	0:10:02.45	0:01:31.10	0:47:15.25	0:01:38.70	0:29:38.40	1:30:05.90
153	62	FISH , Richard	0	M	134	30-34	19	0:10:18.70	0:02:01.85	0:48:38.75	0:00:55.95	0:28:13.65	1:30:08.90

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
154	80	JOHNSON , Ian	0	M	135	45-49	21	0:09:31.50	0:01:28.20	0:46:09.20	0:01:50.20	0:31:26.95	1:30:26.05
155	101	RAINE , alex	0	M	136	40-44	23	0:09:02.00	0:02:32.70	0:43:22.65	0:02:04.85	0:33:24.50	1:30:26.70
156	48	GALLUCCI , Michael	0	M	137	40-44	24	0:11:09.85	0:02:45.15	0:48:14.85	0:01:33.85	0:26:48.55	1:30:32.25
157	59	WOODCRAFT , Linda	0	F	20	35-39	4	0:09:46.95	0:03:59.65	0:51:41.25	0:01:06.35	0:24:07.60	1:30:41.80
158	95	GOLDSMITH , Helena	0	F	21	45-49	2	0:10:15.35	0:02:02.90	0:49:23.85	0:01:23.25	0:27:37.15	1:30:42.50
159	47	THEAKSTONE , Helena	0	F	22	25-29	3	0:09:14.90	0:02:19.40	0:51:24.50	0:00:46.85	0:27:07.90	1:30:53.55
160	157	LEIGH , christopher	st albans	M	138	50-54	12	0:08:29.95	0:03:03.80	0:48:32.35	0:01:48.85	0:29:10.25	1:31:05.20
161	36	TEAGLE , Colin	0	M	139	30-34	20	0:10:34.35	0:03:05.60	0:50:33.10	0:00:47.10	0:27:13.65	1:32:13.80
162	21	THEAKSTONE , Andy	0	M	140	30-34	21	0:11:37.00	0:02:38.75	0:49:49.55	0:00:35.60	0:27:34.50	1:32:15.40
163	84	MAISURIA , Dips	Jetstream Tri Club	M	141	35-39	31	0:09:05.10	0:01:56.70	0:52:18.65	0:01:07.40	0:27:49.45	1:32:17.30
164	183	HUGHES , Andy	0	M	142	45-49	22	0:08:39.65	0:03:07.25	0:47:13.85	0:01:56.65	0:31:34.35	1:32:31.75
165	106	LEIGH , Reggie	0	M	143	45-49	23	0:09:28.00	0:02:17.05	0:52:50.30	0:01:20.00	0:27:03.00	1:32:58.35
166	63	TURNER , John	0	M	144	55-59	5	0:10:39.90	0:03:00.80	0:44:45.35	0:01:14.75	0:33:19.70	1:33:00.50
167	24	AMOS , daniel	Herts police triathlon club	M	145	25-29	20	0:08:34.70	0:01:51.25	0:50:44.75	0:01:15.85	0:30:56.10	1:33:22.65
168	69	HUGHES , Tom	0	M	146	30-34	22	0:10:58.40	0:02:57.95	0:54:06.35	0:01:18.20	0:24:38.55	1:33:59.45
169	25	CODD , glynis	0	F	23	55-59	2	0:15:00.85	0:01:50.05	0:52:23.20	0:00:33.75	0:24:30.60	1:34:18.45
170	12	TAYLOR , Katie	0	F	24	25-29	4	0:10:35.65	0:03:13.80	0:52:59.75	0:01:22.70	0:26:22.45	1:34:34.35
171	92	ROETHENBAUGH , Phil	0	M	147	50-54	13	0:11:38.90	0:01:32.60	0:54:38.80	0:00:40.10	0:26:37.85	1:35:08.25
172	77	BASS , Paul	0	M	148	35-39	32	0:08:41.90	0:03:20.30	0:58:25.50	0:00:45.05	0:23:57.90	1:35:10.65
173	33	EDWARDS , alan	0	M	149	45-49	24	0:10:30.95	0:03:45.30	0:52:17.15	0:00:43.85	0:28:17.00	1:35:34.25
174	53	CHILDS , Gillian	Challenge Central	F	25	45-49	3	0:10:39.50	0:03:10.10	0:50:06.00	0:01:21.05	0:30:34.45	1:35:51.10
175	146	STAPELBERG , Darren	0	M	150	30-34	23	0:10:08.65	0:03:24.30	0:54:53.85	0:01:08.50	0:26:16.75	1:35:52.05
176	187	PAGE , pauline	0	F	151	50-54	4	0:07:07.75	0:01:52.00	0:55:35.45	0:00:58.80	0:30:33.40	1:36:07.40
177	192	WARD , sarah	0	F	26	25-29	5	0:07:44.15	0:01:39.80	0:54:55.15	0:00:34.15	0:31:19.95	1:36:13.20
178	86	PICKERING , Jenna	0	F	27	25-29	6	0:09:31.65	0:02:45.50	0:53:30.65	0:01:00.00	0:30:26.20	1:37:14.00
179	176	TAPLIN , Andy	0	M	152	35-39	33	0:10:35.50	0:02:34.20	0:51:39.85	0:02:16.70	0:30:52.30	1:37:58.55
180	5	DELANEY , Natalie	0	F	28	30-34	5	0:11:25.75	0:02:50.80	0:54:16.35	0:01:21.25	0:28:09.10	1:38:03.25
181	103	BOOTH , James	0	M	153	45-49	25	0:08:43.10	0:02:16.00	0:53:45.60	0:02:05.95	0:31:52.00	1:38:42.65
182	10	BENHAM , Hayley	0	F	29	25-29	7	0:12:38.40	0:03:15.85	0:54:50.85	0:01:07.55	0:27:19.70	1:39:12.35
183	7	LEWIS , Craig	0	M	154	25-29	21	0:09:59.90	0:02:18.25	0:58:11.15	0:00:40.75	0:28:47.55	1:39:57.60
184	79	MOORE , Natalie	0	F	30	25-29	8	0:09:08.85	0:02:07.55	0:54:37.10	0:00:58.60	0:33:08.25	1:40:00.35

Pos	Bib	Name	Club	Gender	Gender Pos	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
185	75	HUNTER , Moira	0	F	31	25-29	9	0:10:03.35	0:04:22.55	0:57:00.20	0:01:17.40	0:27:59.80	1:40:43.30
186	41	MATTHEWS , Jo	0	F	32	45-49	4	0:12:43.95	0:02:23.25	0:57:12.60	0:03:25.30	0:25:45.40	1:41:30.50
187	132	TURNER , Isobel	0	F	33	20-24	1	0:08:55.55	0:02:56.85	0:59:37.50	0:00:49.05	0:30:44.50	1:43:03.45
188	73	HAN-DE-BEAUX , Sarah	0	F	34	30-34	6	0:09:22.80	0:02:34.05	1:00:09.35	0:00:52.35	0:31:21.30	1:44:19.85
189	122	ANDREWS , Dawn	0	F	35	40-44	6	0:09:01.30	0:01:43.30	1:00:13.70	0:01:16.85	0:33:25.45	1:45:40.60
190	16	JONES , Rachel	0	F	36	40-44	7	0:10:57.30	0:03:56.05	1:00:54.00	0:01:13.05	0:29:09.60	1:46:10.00
191	55	BOOTH , Jean	0	F	37	50-54	4	0:09:35.90	0:02:31.10	1:01:19.80	0:01:21.65	0:31:25.35	1:46:13.80
192	31	BARTHOLOMEW , Sonja	0	F	38	40-44	8	0:13:04.75	0:05:20.00	0:55:59.35	0:00:50.00	0:32:56.30	1:48:10.40
193	19	FERRIER , Zorina	0	F	39	35-39	5	0:10:35.25	0:03:20.45	1:03:18.00	0:01:19.65	0:30:09.55	1:48:42.90
194	128	WOODCRAFT , Alex	0	M	155	45-49	26	0:10:39.05	0:05:12.00	1:00:21.05	0:00:55.35	0:34:58.80	1:52:06.25
195	126	ROBERT , Kenelm	0	M	156	60-64	1	0:09:46.60	0:03:52.80	1:02:05.80	0:02:11.65	0:34:11.80	1:52:08.65
196	6	REDMOND , Chris	0	M	157	65-69	2	0:15:14.40	0:03:25.70	1:04:27.00	0:00:52.40	0:30:26.20	1:54:25.70
197	29	MEYERS , gordon	0	M	158	60-64	2	0:15:19.40	0:04:27.60	1:01:38.40	0:02:16.40	0:31:40.70	1:55:22.50
198	11	SNADDON , Rebecca	0	F	40	25-29	10	0:15:52.60	0:02:51.85	1:01:14.60	0:00:44.25	0:37:03.00	1:57:46.30
199	65	NORMILE , Andy	Breathing Space Gym Harpenden	M	159	45-49	27	0:10:00.60	0:08:25.20	1:12:16.85	0:03:55.05	0:23:48.55	1:58:26.25
200	99	CUMMINS , Niamh	0	F	41	25-29	11	0:10:52.40	0:02:28.40	1:20:06.20	0:01:00.00	0:27:38.80	2:02:05.80
201	26	ROBERT , Elizabeth	0	F	42	25-29	12	0:15:21.20	0:05:08.20	1:03:26.45	0:01:56.95	0:42:48.65	2:08:41.45
202	18	ROBERT , maureen	0	F	43	55-59	3	0:17:20.55	0:04:56.10	1:20:24.15	0:02:16.25	0:34:11.85	2:19:08.90