| Pos | Bib | Firstname | Lastname | Gender | Gender Pos | Cat | Cat Pos | Swim | T1 | Bike | T2 | Run | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 225 | Tom | Greeves | M | 1 | M 25-29 | 1 | 0:06:39.95 | 0:00:34.95 | 0:36:09.65 | 0:00:42.80 | 0:17:53.20 | 1:02:00.55 |
| 2 | 248 | Anthony | Collier | M | 2 | M 25-29 | 2 | 0:05:21.80 | 0:00:36.10 | 0:35:30.45 | 0:00:32.10 | 0:20:02.75 | 1:02:03.20 |
| 3 | 232 | Adam | Cross | M | 3 | M 20-24 | 1 | 0:06:19.00 | 0:00:49.20 | 0:36:08.00 | 0:00:38.40 | 0:19:46.00 | 1:03:40.60 |
| 4 | 241 | Richard | Thomas | M | 4 | M 40-44 | 1 | 0:05:49.75 | 0:00:35.10 | 0:36:19.05 | 0:00:41.80 | 0:20:17.15 | 1:03:42.85 |
| 5 | 244 | Simon | Jackson | M | 5 | M 35-39 | 1 | 0:06:26.20 | 0:00:38.50 | 0:37:54.55 | 0:00:38.75 | 0:18:36.75 | 1:04:14.75 |
| 6 | 249 | Reece | Barclay | M | 6 | M 20-24 | 2 | 0:04:58.90 | 0:00:42.80 | 0:38:57.65 | 0:00:52.10 | 0:20:24.05 | 1:05:55.50 |
| 7 | 242 | Kevin | Dean | M | 7 | M 50-54 | 1 | 0:06:14.30 | 0:00:48.70 | 0:37:24.25 | 0:00:52.50 | 0:21:42.45 | 1:07:02.20 |
| 8 | 234 | Adrian | James | M | 8 | M 45-49 | 1 | 0:06:49.45 | 0:00:42.95 | 0:38:00.30 | 0:01:03.65 | 0:20:42.90 | 1:07:19.25 |
| 9 | 247 | Kathryn | Berry | F | 1 | F 30-34 | 1 | 0:05:44.30 | 0:00:37.00 | 0:38:56.50 | 0:00:37.40 | 0:21:53.15 | 1:07:48.35 |
| 10 | 191 | Ian | Brinkley | M | 9 | M 45-49 | 2 | 0:08:21.25 | 0:00:00.00 | 0:38:46.45 | 0:00:40.10 | 0:20:23.35 | 1:08:11.15 |
| 11 | 223 | James | Shipley | M | 10 | M 30-34 | 1 | 0:07:15.30 | 0:00:36.35 | 0:40:29.40 | 0:00:41.75 | 0:19:32.50 | 1:08:35.30 |
| 12 | 250 | Lucy | Charles | F | 2 | F 20-24 | 1 | 0:05:08.80 | 0:00:36.55 | 0:41:55.95 | 0:00:43.70 | 0:20:51.00 | 1:09:16.00 |
| 13 | 240 | Kieran | Feetham | M | 11 | M 30-34 | 2 | 0:06:17.80 | 0:01:00.75 | 0:40:25.80 | 0:00:53.95 | 0:21:09.20 | 1:09:47.50 |
| 14 | 143 | Timothy | Phillips | M | 12 | M 45-49 | 3 | 0:08:08.30 | 0:01:24.70 | 0:37:32.05 | 0:00:55.70 | 0:21:52.65 | 1:09:53.40 |
| 15 | 210 | Jonathan | Douglas | M | 13 | M 35-39 | 2 | 0:08:28.50 | 0:01:11.65 | 0:38:58.65 | 0:01:05.25 | 0:20:23.70 | 1:10:07.75 |
| 16 | 218 | Andrew | Mackay | M | 14 | M 25-29 | 3 | 0:07:32.20 | 0:00:59.90 | 0:39:51.85 | 0:00:41.55 | 0:21:30.35 | 1:10:35.85 |
| 17 | 237 | Troy | Forrest | M | 15 | M 30-34 | 3 | 0:06:56.20 | 0:00:56.55 | 0:41:15.10 | 0:01:00.45 | 0:20:43.00 | 1:10:51.30 |
| 18 | 122 | Terry | Alcock | M | 16 | M 35-39 | 3 | 0:08:47.35 | 0:00:37.15 | 0:39:04.70 | 0:00:40.00 | 0:21:51.60 | 1:11:00.80 |
| 19 | 154 | David | Swatton | M | 17 | M 40-44 | 2 | 0:07:17.00 | 0:01:15.60 | 0:39:50.50 | 0:00:50.10 | 0:21:51.80 | 1:11:05.00 |
| 20 | 221 | Artur | Tarczynski | M | 18 | M 30-34 | 4 | 0:07:11.05 | 0:02:26.00 | 0:41:15.00 | 0:01:30.00 | 0:22:40.00 | 1:11:06.00 |
| 21 | 222 | Peter | Biggs | M | 19 | M 40-44 | 3 | 0:06:24.80 | 0:00:49.90 | 0:40:51.00 | 0:00:57.80 | 0:22:08.70 | 1:11:12.20 |
| 22 | 227 | Mark | Miller | M | 20 | M 40-44 | 4 | 0:06:41.85 | 0:01:07.05 | 0:40:08.70 | 0:01:09.50 | 0:22:32.90 | 1:11:40.00 |
| 23 | 175 | Peter | Roots | M | 21 | M 40-44 | 5 | 0:07:45.65 | 0:01:09.80 | 0:39:55.35 | 0:01:35.25 | 0:21:14.45 | 1:11:40.50 |
| 24 | 212 | Finlay | Carson | M | 22 | M 20-24 | 3 | 0:07:37.10 | 0:01:35.35 | 0:39:19.90 | 0:01:04.20 | 0:22:21.65 | 1:11:58.20 |
| 25 | 208 | Luke | Bowie | M | 23 | M 30-34 | 5 | 0:07:01.90 | 0:00:55.30 | 0:42:11.70 | 0:00:55.70 | 0:21:09.95 | 1:12:14.55 |
| 26 | 233 | Jonathan | Ball | M | 24 | M 45-49 | 4 | 0:07:12.40 | 0:00:45.00 | 0:40:54.60 | 0:00:47.30 | 0:22:54.15 | 1:12:33.45 |
| 27 | 204 | Andrew | Mayers | M | 25 | M 50-54 | 2 | 0:07:17.25 | 0:01:21.10 | 0:39:40.30 | 0:01:03.00 | 0:23:12.80 | 1:12:34.45 |
| 28 | 170 | David | Craddock | M | 26 | M 25-29 | 4 | 0:08:01.85 | 0:01:13.25 | 0:44:47.15 | 0:00:44.85 | 0:18:06.45 | 1:12:53.55 |
| 29 | 110 | Nairn | McWilliams | M | 27 | M 30-34 | 6 | 0:08:59.90 | 0:01:02.40 | 0:43:13.65 | 0:00:47.75 | 0:19:05.70 | 1:13:09.40 |
| 30 | 209 | Ben | Simpson | M | 28 | M 25-29 | 5 | 0:06:43.25 | 0:01:08.85 | 0:42:16.65 | 0:00:49.40 | 0:22:14.25 | 1:13:12.40 |
| 31 | 245 | Richard | Slattery | M | 29 | M 30-34 | 7 | 0:07:22.70 | 0:01:04.05 | 0:43:07.60 | 0:01:13.95 | 0:20:37.00 | 1:13:25.30 |
| 32 | 213 | Ross | Wilkinson | M | 30 | M 20-24 | 4 | 0:07:51.10 | 0:01:02.50 | 0:40:57.25 | 0:01:44.65 | 0:21:54.95 | 1:13:30.45 |
| 33 | 220 | Anthony | Rees | M | 31 | M 30-34 | 8 | 0:05:57.85 | 0:01:36.85 | 0:44:42.35 | 0:00:50.15 | 0:20:23.40 | 1:13:30.60 |
| 34 | 228 | Adrian | Spender | M | 32 | M 35-39 | 4 | 0:06:55.20 | 0:00:40.95 | 0:41:05.10 | 0:00:36.70 | 0:24:29.90 | 1:13:47.85 |
| 35 | 239 | Hannah | Hutchings | F | 3 | F 35-39 | 1 | 0:06:00.80 | 0:01:09.10 | 0:43:06.75 | 0:00:56.65 | 0:23:14.70 | 1:14:28.00 |
| 36 | 161 | Nick | Short | M | 33 | M 45-49 | 5 | 0:07:24.60 | 0:01:47.45 | 0:41:29.95 | 0:00:56.35 | 0:22:56.60 | 1:14:34.95 |
| 37 | 106 | Steve | Lambert | M | 34 | M 50-54 | 3 | 0:09:17.35 | 0:00:39.35 | 0:41:16.55 | 0:01:13.15 | 0:22:08.65 | 1:14:35.05 |
| 38 | 124 | Nick | Clarke | M | 35 | M 30-34 | 9 | 0:08:13.10 | 0:00:59.00 | 0:39:39.45 | 0:01:09.90 | 0:24:48.35 | 1:14:49.80 |
| 39 | 148 | Craig | Basham | M | 36 | M 35-39 | 5 | 0:08:45.70 | 0:00:54.45 | 0:42:10.25 | 0:00:58.20 | 0:22:07.90 | 1:14:56.50 |
| 40 | 194 | Paul | Huckstep | M | 37 | M 35-39 | 6 | 0:07:20.00 | 0:00:57.90 | 0:40:40.10 | 0:00:48.65 | 0:25:26.20 | 1:15:12.85 |
| 41 | 198 | Pete | Hughes | M | 38 | M 55-59 | 1 | 0:07:24.05 | 0:00:53.75 | 0:40:52.60 | 0:01:00.80 | 0:25:03.30 | 1:15:14.50 |
| 42 | 185 | Jason | Hasty | M | 39 | M 45-49 | 6 | 0:08:07.50 | 0:00:56.90 | 0:44:08.70 | 0:00:45.40 | 0:21:19.90 | 1:15:18.40 |
| 43 | 214 | Ruth | Grint | F | 4 | F 45-49 | 1 | 0:07:17.80 | 0:00:47.80 | 0:43:52.90 | 0:00:55.20 | 0:22:25.40 | 1:15:19.10 |
| 44 | 230 | Ian | Wilkinson | M | 40 | M 40-44 | 6 | 0:06:45.40 | 0:00:49.65 | 0:41:37.60 | 0:00:51.20 | 0:25:36.45 | 1:15:40.30 |
| 45 | 169 | Christopher | Adams | M | 41 | M 25-29 | 6 | 0:08:35.10 | 0:03:01.15 | 0:42:17.50 | 0:00:38.60 | 0:21:26.85 | 1:15:59.20 |
| 46 | 219 | Chris | Bond | M | 42 | M 50-54 | 4 | 0:07:25.90 | 0:01:50.00 | 0:42:23.25 | 0:01:00.10 | 0:23:32.15 | 1:16:11.40 |
| 47 | 129 | Vincent | Hancock | M | 43 | M 40-44 | 7 | 0:08:07.60 | 0:01:01.30 | 0:39:54.45 | 0:01:04.25 | 0:26:07.60 | 1:16:15.20 |
| 48 | 144 | Jonathan | Dearman | M | 44 | M 40-44 | 8 | 0:08:19.80 | 0:01:10.15 | 0:44:03.30 | 0:00:55.75 | 0:21:55.10 | 1:16:24.10 |
| 49 | 81 | Guy | Barwell | M | 45 | M 40-44 | 9 | 0:09:11.90 | 0:01:23.00 | 0:42:11.35 | 0:00:52.75 | 0:23:07.15 | 1:16:46.15 |
| 50 | 186 | Adriano | Antoniotti | M | 46 | M 30-34 | 10 | 0:07:35.35 | 0:01:54.05 | 0:43:36.50 | 0:01:14.30 | 0:22:31.10 | 1:16:51.30 |
| 51 | 153 | Jamie | Keenan | M | 47 | M 45-49 | 7 | 0:08:04.85 | 0:01:43.25 | 0:43:35.60 | 0:00:44.00 | 0:22:44.35 | 1:16:52.05 |
| 52 | 9 | Raymond | Pitti | M | 48 | M 35-39 | 7 | 0:09:08.60 | 0:03:03.10 | 0:42:57.15 | 0:01:25.90 | 0:20:29.10 | 1:17:03.85 |
| 53 | 155 | Lorne | McCalla | M | 49 | M 50-54 | 5 | 0:07:25.60 | 0:01:19.10 | 0:43:20.75 | 0:01:47.15 | 0:23:11.60 | 1:17:04.20 |
| 54 | 183 | Danny | Brooks | M | 50 | M 40-44 | 10 | 0:09:22.75 | 0:01:11.35 | 0:43:13.05 | 0:00:44.25 | 0:22:41.95 | 1:17:13.35 |
| 55 | 139 | Chris | Kitchener | M | 51 | M 45-49 | 8 | 0:08:39.75 | 0:01:46.75 | 0:44:29.50 | 0:01:22.80 | 0:20:56.30 | 1:17:15.10 |
| 56 | 203 | Rob | Atkin | M | 52 | M 45-49 | 9 | 0:07:09.30 | 0:01:08.95 | 0:44:59.45 | 0:01:13.70 | 0:22:52.20 | 1:17:23.60 |
| 57 | 246 | Howard | Sladen | M | 53 | M 25-29 | 7 | 0:06:01.45 | 0:00:36.00 | 0:50:11.65 | 0:01:17.60 | 0:19:17.60 | 1:17:24.30 |
| 58 | 125 | Sarah | Phillips | F | 5 | F 40-44 | 1 | 0:09:41.10 | 0:02:03.35 | 0:42:51.55 | 0:01:06.15 | 0:21:56.00 | 1:17:38.15 |
| 59 | 71 | Andy | Sands | M | 54 | M 50-54 | 6 | 0:09:34.25 | 0:01:02.85 | 0:42:59.25 | 0:00:46.65 | 0:23:24.40 | 1:17:47.40 |
| 60 | 131 | Andrew | bennett | M | 55 | M 45-49 | 10 | 0:09:04.85 | 0:01:35.95 | 0:42:02.10 | 0:00:36.25 | 0:24:29.90 | 1:17:49.05 |
| 61 | 120 | Graeme | Swan | M | 56 | M 40-44 | 11 | 0:09:27.80 | 0:02:14.30 | 0:42:39.40 | 0:00:49.05 | 0:22:40.80 | 1:17:51.35 |
| 62 | 132 | John | Field | M | 57 | M 55-59 | 2 | 0:08:28.40 | 0:01:45.60 | 0:41:26.70 | 0:01:51.70 | 0:24:29.35 | 1:18:01.75 |
| 63 | 162 | Nicholas | Summers | M | 58 | M 35-39 | 8 | 0:08:27.90 | 0:01:36.65 | 0:44:53.30 | 0:01:05.55 | 0:22:24.60 | 1:18:28.00 |
| 64 | 178 | Liam | Taylor | M | 59 | M 25-29 | 8 | 0:07:09.85 | 0:02:28.95 | 0:44:21.55 | 0:00:52.15 | 0:23:44.45 | 1:18:36.95 |
| 65 | 136 | Andrew | Evangelou | M | 60 | M 30-34 | 11 | 0:08:58.40 | 0:00:53.30 | 0:44:10.00 | 0:02:31.75 | 0:22:03.95 | 1:18:37.40 |
| 66 | 190 | Anthony | Plewes | M | 61 | M 40-44 | 12 | 0:08:26.00 | 0:03:05.30 | 0:44:00.70 | 0:01:37.85 | 0:21:38.50 | 1:18:48.35 |
| 67 | 201 | David (Redbourn) | Saunders | M | 62 | M 45-49 | 11 | 0:07:17.30 | 0:02:41.90 | 0:43:00.10 | 0:01:02.70 | 0:24:49.40 | 1:18:51.40 |
| 68 | 135 | Alastair | Cameron | M | 63 | M 35-39 | 9 | 0:08:15.70 | 0:01:26.40 | 0:44:28.70 | 0:00:56.60 | 0:23:55.65 | 1:19:03.05 |
| 69 | 163 | Matthew | Cooke | M | 64 | M 20-24 | 5 | 0:07:25.45 | 0:01:04.25 | 0:45:55.95 | 0:00:51.85 | 0:23:46.50 | 1:19:04.00 |
| 70 | 231 | Stuart | Renfrew | M | 65 | M 45-49 | 12 | 0:07:11.60 | 0:00:54.65 | 0:44:33.55 | 0:01:01.95 | 0:25:24.20 | 1:19:05.95 |
| 71 | 165 | David | Marlow | M | 66 | M 45-49 | 13 | 0:08:29.25 | 0:01:40.55 | 0:44:32.15 | 0:00:36.70 | 0:23:47.65 | 1:19:06.30 |
| 72 | 166 | Sarah | Duke | F | 6 | F 25-29 | 1 | 0:07:31.45 | 0:01:01.45 | 0:45:37.85 | 0:01:32.55 | 0:23:27.55 | 1:19:10.85 |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 73 | 137 | Maclaine | Bowie | M | 67 | M17-19 | 1 | 0:09:26.40 | 0:01:34.45 | 0:43:09.60 | 0:01:14.80 | 0:24:00.45 | 1:19:25.70 |
| 74 | 147 | Michael | McDougall | M | 68 | M 40-44 | 13 | 0:09:10.10 | 0:01:02.30 | 0:45:25.65 | 0:00:56.70 | 0:23:24.80 | 1:19:59.55 |
| 75 | 167 | Gary | Randle | M | 69 | M 35-39 | 10 | 0:08:36.00 | 0:01:20.40 | 0:46:17.80 | 0:01:06.55 | 0:22:41.90 | 1:20:02.65 |
| 76 | 103 | Dave | Bramall | M | 70 | M 40-44 | 14 | 0:08:24.40 | 0:01:00.10 | 0:43:07.45 | 0:01:31.80 | 0:26:14.00 | 1:20:17.75 |
| 77 | 145 | Pat | Higgins | M | 71 | M 55-59 | 3 | 0:08:51.25 | 0:01:07.15 | 0:45:18.90 | 0:00:58.55 | 0:24:05.70 | 1:20:21.55 |
| 78 | 95 | Tim | Taylor | M | 72 | M 35-39 | 11 | 0:09:57.25 | 0:01:14.55 | 0:43:50.75 | 0:00:47.15 | 0:24:32.05 | 1:20:21.75 |
| 79 | 202 | Paul | Durbin | M | 73 | M 45-49 | 14 | 0:07:11.20 | 0:02:08.90 | 0:45:32.80 | 0:01:24.75 | 0:24:13.60 | 1:20:31.25 |
| 80 | 102 | Paul | Collis | M | 74 | M 35-39 | 12 | 0:09:00.10 | 0:00:53.15 | 0:44:20.05 | 0:01:02.75 | 0:25:17.20 | 1:20:33.25 |
| 81 | 111 | Ross | Basham | M | 75 | M 30-34 | 13 | 0:08:39.70 | 0:01:04.75 | 0:46:57.90 | 0:00:36.05 | 0:23:35.75 | 1:20:54.15 |
| 82 | 92 | Natasha | Pack | F | 7 | F 35-39 | 2 | 0:08:45.25 | 0:01:39.55 | 0:45:41.55 | 0:01:13.25 | 0:23:34.80 | 1:20:54.40 |
| 83 | 117 | Phillip | Moss | M | 76 | M 45-49 | 15 | 0:08:20.25 | 0:01:12.10 | 0:45:31.85 | 0:00:56.40 | 0:25:12.15 | 1:21:12.75 |
| 84 | 197 | Steve | Brown | M | 77 | M 45-49 | 16 | 0:07:11.70 | 0:01:42.10 | 0:44:29.10 | 0:01:31.60 | 0:26:18.40 | 1:21:12.90 |
| 85 | 57 | John | Curtis | M | 78 | M 30-34 | 14 | 0:10:23.35 | 0:01:45.55 | 0:45:13.50 | 0:00:38.45 | 0:23:26.10 | 1:21:26.95 |
| 86 | 17 | Graeme | Butler | M | 79 | M 25-29 | 9 | 0:09:06.25 | 0:01:48.90 | 0:48:07.85 | 0:00:54.00 | 0:21:38.85 | 1:21:35.85 |
| 87 | 114 | Robert | Wickings | M | 80 | M 45-49 | 17 | 0:09:45.10 | 0:01:50.65 | 0:44:44.15 | 0:01:03.05 | 0:24:29.15 | 1:21:52.10 |
| 88 | 164 | Robert | Swaile | M | 81 | M 30-34 | 15 | 0:09:57.65 | 0:00:53.20 | 0:42:38.85 | 0:00:48.80 | 0:27:35.65 | 1:21:54.15 |
| 89 | 159 | Annabel | Green | F | 8 | F 35-39 | 3 | 0:08:36.30 | 0:01:44.20 | 0:47:30.85 | 0:01:11.60 | 0:22:58.25 | 1:22:01.20 |
| 90 | 180 | Adam | Metcalfe | M | 82 | M 25-29 | 10 | 0:07:39.10 | 0:03:28.40 | 0:45:45.80 | 0:01:46.15 | 0:23:52.20 | 1:22:31.65 |
| 91 | 168 | Claire | Mistry | F | 9 | F 40-44 | 2 | 0:08:25.15 | 0:02:09.05 | 0:47:16.60 | 0:01:28.45 | 0:23:22.05 | 1:22:41.30 |
| 92 | 142 | Peter | Field | M | 83 | M 50-54 | 7 | 0:08:44.60 | 0:03:16.45 | 0:45:46.40 | 0:02:02.05 | 0:22:53.95 | 1:22:43.45 |
| 93 | 118 | Chris | Russ | M | 84 | M 25-29 | 11 | 0:10:01.80 | 0:01:47.10 | 0:44:02.90 | 0:01:25.10 | 0:25:28.45 | 1:22:45.35 |
| 94 | 126 | Stuart | Mangan | M | 85 | M 40-44 | 15 | 0:08:39.80 | 0:01:58.85 | 0:48:30.50 | 0:01:18.25 | 0:22:24.45 | 1:22:51.85 |
| 95 | 72 | Stephen | Pidgeon | M | 86 | M 30-34 | 16 | 0:09:08.10 | 0:01:40.25 | 0:46:11.85 | 0:01:05.00 | 0:25:07.75 | 1:23:12.95 |
| 96 | 80 | Michael | Wilkins | M | 87 | M 45-49 | 18 | 0:10:58.45 | 0:01:24.40 | 0:45:11.60 | 0:01:32.25 | 0:24:16.10 | 1:23:22.80 |
| 97 | 88 | Marcus | Purser | M | 88 | M 40-44 | 16 | 0:10:05.80 | 0:02:15.00 | 0:46:12.10 | 0:00:40.35 | 0:24:17.35 | 1:23:30.60 |
| 98 | 229 | Amy | Macklin | F | 10 | F 20-24 | 2 | 0:06:23.95 | 0:02:01.90 | 0:48:45.50 | 0:01:05.75 | 0:25:24.10 | 1:23:41.20 |
| 99 | 99 | Martyn | Brooks | M | 89 | M 40-44 | 17 | 0:07:37.80 | 0:03:01.30 | 0:46:31.20 | 0:01:44.80 | 0:25:04.55 | 1:23:59.65 |
| 100 | 184 | Colin | Smith | M | 90 | M 40-44 | 18 | 0:11:20.30 | 0:01:35.50 | 0:45:57.70 | 0:00:51.75 | 0:24:17.15 | 1:24:02.40 |
| 101 | 91 | Martin | Davies | M | 91 | M 45-49 | 19 | 0:09:34.05 | 0:01:39.50 | 0:45:05.30 | 0:01:14.75 | 0:26:30.35 | 1:24:03.95 |
| 102 | 31 | Josh | Mansfield | M | 92 | M 25-29 | 12 | 0:11:00.05 | 0:01:20.60 | 0:46:53.85 | 0:01:02.90 | 0:23:55.05 | 1:24:12.45 |
| 103 | 94 | Alasdair | Bleakley | M | 93 | M 40-44 | 19 | 0:09:59.70 | 0:02:31.00 | 0:48:19.70 | 0:00:39.60 | 0:22:45.35 | 1:24:15.35 |
| 104 | 151 | Dawn | Burr | F | 11 | F 45-49 | 2 | 0:08:31.10 | 0:01:31.25 | 0:49:32.25 | 0:01:41.60 | 0:23:02.75 | 1:24:18.95 |
| 105 | 157 | John | Littlechild | M | 94 | M 35-39 | 13 | 0:07:50.25 | 0:01:40.95 | 0:50:07.45 | 0:01:10.50 | 0:23:34.60 | 1:24:23.75 |
| 106 | 49 | Owen | Turner | M | 95 | M 40-44 | 20 | 0:09:53.85 | 0:01:38.80 | 0:44:24.60 | 0:01:14.35 | 0:27:16.35 | 1:24:27.95 |
| 107 | 60 | Martin | Macnish | M | 96 | M 35-39 | 14 | 0:10:06.20 | 0:01:14.60 | 0:46:36.40 | 0:01:04.95 | 0:25:26.45 | 1:24:28.60 |
| 108 | 76 | Charles | Cliffe | M | 97 | M 45-49 | 20 | 0:10:21.50 | 0:02:07.70 | 0:44:18.00 | 0:01:15.20 | 0:26:32.80 | 1:24:35.20 |
| 109 | 113 | John | Ryan | M | 98 | M 50-54 | 8 | 0:10:57.70 | 0:01:27.10 | 0:47:48.40 | 0:01:04.20 | 0:23:27.95 | 1:24:45.35 |
| 110 | 14 | Callum | Farrell-Morris | M | 99 | M 25-29 | 13 | 0:07:37.60 | 0:01:11.55 | 0:47:19.50 | 0:01:52.65 | 0:26:45.75 | 1:24:47.05 |
| 111 | 66 | Stuart | Baldwin | M | 100 | M 40-44 | 21 | 0:10:29.30 | 0:02:33.25 | 0:47:06.30 | 0:01:33.60 | 0:23:15.75 | 1:24:58.20 |
| 112 | 235 | Elizabeth | Swaile | F | 12 | F 25-29 | 2 | 0:06:19.20 | 0:01:24.25 | 0:48:54.95 | 0:01:22.40 | 0:27:11.90 | 1:25:12.70 |
| 113 | 16 | Steve | Finn | M | 101 | M 45-49 | 21 | 0:09:29.50 | 0:02:52.15 | 0:48:29.05 | 0:00:57.15 | 0:23:30.65 | 1:25:18.50 |
| 114 | 39 | Jon | Bradford | M | 102 | M 45-49 | 22 | 0:10:09.95 | 0:03:30.55 | 0:44:21.70 | 0:01:42.30 | 0:25:35.75 | 1:25:20.25 |
| 115 | 86 | Simon | Lukas | M | 103 | M 40-44 | 22 | 0:09:10.25 | 0:02:26.10 | 0:47:38.50 | 0:01:11.45 | 0:25:00.05 | 1:25:26.35 |
| 116 | 149 | David | Stephens | M | 104 | M 25-29 | 14 | 0:08:44.20 | 0:02:33.65 | 0:50:15.10 | 0:01:30.35 | 0:22:25.55 | 1:25:28.85 |
| 117 | 156 | Jessica | Kearney | F | 13 | F 20-24 | 3 | 0:08:09.45 | 0:01:32.35 | 0:49:34.80 | 0:01:20.50 | 0:24:57.50 | 1:25:34.60 |
| 118 | 109 | Laura | Gallop | F | 14 | F 20-24 | 4 | 0:09:05.60 | 0:01:39.60 | 0:48:14.55 | 0:00:54.65 | 0:25:50.95 | 1:25:45.35 |
| 119 | 55 | Richard | Metcalfe | M | 105 | M 45-49 | 23 | 0:09:06.55 | 0:01:59.95 | 0:44:24.45 | 0:00:59.00 | 0:29:19.75 | 1:25:49.70 |
| 120 | 100 | John | Turner | M | 106 | M 55-59 | 4 | 0:09:37.90 | 0:02:12.70 | 0:41:55.90 | 0:01:48.15 | 0:30:28.65 | 1:26:03.30 |
| 121 | 59 | Alan | Grace | M | 107 | M 45-49 | 24 | 0:10:26.60 | 0:02:25.05 | 0:47:08.45 | 0:01:15.20 | 0:24:51.75 | 1:26:07.05 |
| 122 | 123 | Simon | Walsh | M | 108 | M 45-49 | 25 | 0:09:21.90 | 0:02:43.95 | 0:46:40.70 | 0:02:23.55 | 0:25:04.50 | 1:26:14.60 |
| 123 | 196 | Adele | McGowan | F | 15 | F 30-34 | 2 | 0:07:36.20 | 0:01:40.10 | 0:48:58.20 | 0:01:09.45 | 0:26:53.90 | 1:26:17.85 |
| 124 | 36 | John | Frade | M | 109 | M 35-39 | 15 | 0:10:32.60 | 0:03:04.15 | 0:47:49.75 | 0:01:34.00 | 0:23:29.30 | 1:26:29.80 |
| 125 | 192 | Helen | James | F | 16 | F 50-54 | 1 | 0:08:05.20 | 0:02:14.70 | 0:52:09.85 | 0:00:47.15 | 0:23:18.50 | 1:26:35.40 |
| 126 | 215 | Samantha | May | F | 17 | F 20-24 | 5 | 0 | 0 | 0 | 0 | 0 | 1:26:42.55 |
| 127 | 27 | Edward | Roche | M | 110 | M 25-29 | 15 | 0:09:59.20 | 0:02:25.15 | 0:50:15.25 | 0:01:03.20 | 0:23:31.00 | 1:27:13.80 |
| 128 | 37 | Lisa | Hall | F | 18 | F 40-44 | 3 | 0:11:35.70 | 0:02:25.25 | 0:48:49.60 | 0:00:44.75 | 0:23:49.40 | 1:27:24.70 |
| 129 | 158 | Peter | Meadows | M | 111 | M 45-49 | 26 | 0:09:21.25 | 0:02:24.55 | 0:50:05.60 | 0:01:20.65 | 0:24:28.05 | 1:27:40.10 |
| 130 | 182 | Kate | Dixon | F | 19 | F 35-39 | 4 | 0:08:33.60 | 0:02:01.55 | 0:52:13.75 | 0:00:46.25 | 0:25:07.85 | 1:28:43.00 |
| 131 | 112 | Martyn | Sexton | M | 112 | M 25-29 | 16 | 0:08:17.80 | 0:03:28.30 | 0:50:01.05 | 0:01:37.85 | 0:25:38.85 | 1:29:03.85 |
| 132 | 43 | Judith | Hill | F | 20 | F 55-59 | 1 | 0:10:37.45 | 0:01:38.85 | 0:46:26.80 | 0:02:03.15 | 0:28:26.45 | 1:29:12.70 |
| 133 | 96 | Volkan | Gundogdu | M | 113 | M 30-34 | 17 | 0:09:46.80 | 0:01:32.20 | 0:53:25.35 | 0:01:01.00 | 0:23:34.75 | 1:29:20.10 |
| 134 | 128 | Philippa | Mildon | F | 21 | F 40-44 | 4 | 0:09:44.70 | 0:02:13.45 | 0:46:06.05 | 0:01:30.05 | 0:30:21.85 | 1:29:56.10 |
| 135 | 47 | Danielle | Hoyle | F | 22 | F 30-34 | 3 | 0:10:29.25 | 0:03:38.70 | 0:46:11.00 | 0:01:44.80 | 0:28:01.05 | 1:30:04.80 |
| 136 | 150 | Christopher | Leigh | M | 114 | M 50-54 | 9 | 0:08:04.30 | 0:01:20.10 | 0:49:03.10 | 0:01:14.10 | 0:30:23.30 | 1:30:04.90 |
| 137 | 97 | Sara | Alleyne | F | 23 | F 25-29 | 3 | 0:09:59.40 | 0:02:16.30 | 0:48:05.40 | 0:01:22.30 | 0:28:54.50 | 1:30:37.90 |
| 138 | 69 | Sophia | Pidgeon | F | 24 | F 30-34 | 4 | 0:09:20.50 | 0:02:23.95 | 0:51:47.35 | 0:00:47.50 | 0:26:33.50 | 1:30:52.80 |
| 139 | 19 | Giovanni | Brescia | M | 115 | M 40-44 | 23 | 0:10:08.95 | 0:02:08.30 | 0:54:48.15 | 0:00:54.20 | 0:23:09.30 | 1:31:08.90 |
| 140 | 52 | Martin | Hewson | M | 116 | M 45-49 | 27 | 0:09:09.85 | 0:01:49.05 | 0:52:00.05 | 0:01:08.70 | 0:27:07.35 | 1:31:15.00 |
| 141 | 11 | Victor | Garcia | M | 117 | M 35-39 | 16 | 0:10:55.30 | 0:02:22.90 | 0:53:33.50 | 0:01:04.30 | 0:23:19.95 | 1:31:15.95 |
| 142 | 179 | Nicola | Dangerfield | F | 25 | F 25-29 | 4 | 0:08:06.25 | 0:01:49.65 | 0:51:19.90 | 0:02:05.30 | 0:28:00.05 | 1:31:21.15 |
| 143 | 207 | Ben | Thorn | M | 118 | M 25-29 | 17 | 0:08:03.75 | 0:02:06.75 | 0:52:29.90 | 0:00:56.95 | 0:27:53.00 | 1:31:30.35 |
| 144 | 54 | Helena | Ward | F | 26 | F 40-44 | 5 | 0:10:52.55 | 0:01:27.10 | 0:51:23.20 | 0:01:27.00 | 0:26:39.60 | 1:31:49.45 |
| 145 | 25 | Roland | smith | M | 119 | M 50-54 | 10 | 0:18:49.85 | 0:01:49.20 | 0:42:17.85 | 0:01:19.55 | 0:27:45.80 | 1:32:02.25 |
| 146 | 24 | Emily | Farrow | F | 27 | F 20-24 | 6 | 0:11:07.05 | 0:02:10.05 | 0:52:34.40 | 0:00:51.70 | 0:25:23.35 | 1:32:06.55 |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 147 | 238 | Alex | Miles | F | 28 | F 35-39 | 5 | 0:06:28.95 | 0:02:11.30 | 0:55:51.80 | 0:01:13.95 | 0:26:29.15 | 1:32:15.15 |
| 148 | 115 | Vincent | Phelan | M | 120 | M 55-59 | 5 | 0:10:15.70 | 0:02:21.70 | 0:50:17.75 | 0:01:54.15 | 0:27:39.60 | 1:32:28.90 |
| 149 | 189 | Michelle | Riley | F | 29 | F 40-44 | 6 | 0:08:20.20 | 0:01:31.70 | 0:52:27.75 | 0:01:13.45 | 0:29:08.65 | 1:32:41.75 |
| 150 | 73 | Lindsay | Omar | F | 30 | F 45-49 | 3 | 0:08:36.05 | 0:03:16.90 | 0:51:36.60 | 0:01:36.00 | 0:27:46.80 | 1:32:52.35 |
| 151 | 35 | Jack | Haynes | M | 121 | M 20-24 | 6 | 0:14:57.70 | 0:03:23.45 | 0:50:05.10 | 0:00:52.25 | 0:23:59.45 | 1:33:17.95 |
| 152 | 38 | Andrew | Adeane | M | 122 | M 45-49 | 28 | 0:13:40.60 | 0:02:25.00 | 0:50:13.45 | 0:01:42.65 | 0:25:44.40 | 1:33:46.10 |
| 153 | 62 | Margaret | deWinter | F | 31 | F 60-64 | 1 | 0:10:55.20 | 0:02:42.10 | 0:53:03.55 | 0:01:29.35 | 0:25:39.80 | 1:33:50.00 |
| 154 | 217 | Amy | Chalcraft | F | 32 | F 30-34 | 5 | 0:06:57.60 | 0:04:05.40 | 0:53:35.60 | 0:01:42.50 | 0:27:32.40 | 1:33:53.50 |
| 155 | 63 | Paul | Cecil | M | 123 | M 45-49 | 29 | 0:09:44.95 | 0:03:52.70 | 0:54:59.35 | 0:01:18.80 | 0:24:29.35 | 1:34:25.15 |
| 156 | 42 | Sarah | Carver | F | 33 | F 40-44 | 7 | 0:10:05.95 | 0:02:11.20 | 0:54:06.75 | 0:01:14.10 | 0:26:51.30 | 1:34:29.30 |
| 157 | 28 | Steve | Roome | M | 124 | M 45-49 | 30 | 0:10:46.05 | 0:03:49.40 | 0:51:05.80 | 0:03:01.95 | 0:25:51.10 | 1:34:34.30 |
| 158 | 22 | Alan | Hope | M | 125 | M 50-54 | 11 | 0:12:34.30 | 0:02:35.15 | 0:52:28.40 | 0:00:44.75 | 0:26:38.65 | 1:35:01.25 |
| 159 | 45 | Julie | Rowe | F | 34 | F 45-49 | 4 | 0:10:49.65 | 0:03:07.85 | 0:50:42.55 | 0:02:03.60 | 0:28:27.05 | 1:35:10.70 |
| 160 | 90 | Emma | King | F | 35 | F 20-24 | 7 | 0:10:45.00 | 0:02:53.30 | 0:53:13.15 | 0:01:25.35 | 0:27:09.20 | 1:35:26.00 |
| 161 | 79 | James | Sweetnam | M | 126 | M 15-19 | 1 | 0:11:37.00 | 0:00:00.00 | 0:58:27.05 | 0:00:55.40 | 0:24:43.50 | 1:35:42.95 |
| 162 | 51 | David | Pickering | M | 127 | M 40-44 | 24 | 0:10:43.90 | 0:03:21.95 | 0:47:02.50 | 0:01:20.95 | 0:33:48.10 | 1:36:17.40 |
| 163 | 226 | David | Morton | M | 128 | M 50-54 | 12 | 0:06:59.10 | 0:02:32.50 | 0:54:21.55 | 0:01:39.90 | 0:31:32.65 | 1:37:05.70 |
| 164 | 133 | Emily | Goulding | F | 36 | F 25-29 | 5 | 0:08:39.40 | 0:02:08.25 | 0:54:49.00 | 0:00:44.45 | 0:30:55.35 | 1:37:16.45 |
| 165 | 30 | Helen | Thomas | F | 37 | F 45-49 | 5 | 0:11:52.10 | 0:02:46.15 | 0:55:24.75 | 0:01:13.95 | 0:26:11.45 | 1:37:28.40 |
| 166 | 104 | Isobel | Turner | F | 38 | F 20-24 | 8 | 0:08:43.00 | 0:02:42.70 | 0:54:11.45 | 0:00:54.55 | 0:31:30.75 | 1:38:02.45 |
| 167 | 44 | Megan | Bowe | F | 39 | F 30-34 | 6 | 0:10:17.25 | 0:02:25.15 | 0:55:25.35 | 0:02:06.65 | 0:27:58.15 | 1:38:12.55 |
| 168 | 101 | Reggie | Leigh | M | 129 | M 45-49 | 31 | 0:09:03.40 | 0:02:46.60 | 0:57:46.80 | 0:01:04.70 | 0:27:57.10 | 1:38:38.60 |
| 169 | 29 | Gregg | Johnston | M | 130 | M 30-34 | 18 | 0:12:29.15 | 0:04:12.65 | 0:49:45.15 | 0:01:41.15 | 0:31:00.20 | 1:39:08.30 |
| 170 | 41 | Mike | Morley | M | 131 | M 40-44 | 25 | 0:09:40.85 | 0:03:31.75 | 0:52:56.15 | 0:01:03.55 | 0:32:09.95 | 1:39:22.25 |
| 171 | 146 | Mrs | Mitchell | F | 40 | F 40-44 | 8 | 0:08:54.25 | 0:01:58.15 | 0:56:37.40 | 0:00:57.50 | 0:31:05.15 | 1:39:32.45 |
| 172 | 23 | Louise | Burns | F | 41 | F 45-49 | 6 | 0:11:21.80 | 0:03:26.95 | 0:54:53.05 | 0:01:50.75 | 0:28:37.50 | 1:40:10.05 |
| 173 | 83 | Cathy | Tominey | F | 42 | F 55-59 | 2 | 0:09:49.80 | 0:02:24.75 | 0:59:25.65 | 0:00:55.65 | 0:27:43.35 | 1:40:19.20 |
| 174 | 48 | Stuart | Chalcraft | M | 132 | M 35-39 | 17 | 0:12:36.50 | 0:03:45.75 | 0:56:14.50 | 0:01:18.40 | 0:26:39.10 | 1:40:34.25 |
| 175 | 13 | John | Grant | M | 133 | M 25-29 | 18 | 0:11:45.10 | 0:01:43.00 | 1:00:21.30 | 0:00:31.55 | 0:27:13.90 | 1:41:34.85 |
| 176 | 121 | James | Cobb | M | 134 | M 45-49 | 32 | 0:10:11.05 | 0:03:35.05 | 0:55:40.70 | 0:01:56.70 | 0:30:13.80 | 1:41:37.30 |
| 177 | 78 | Daniel | Sweetnam | M | 135 | M 15-19 | 2 | 0:12:49.05 | 0:00:00.00 | 1:03:50.60 | 0:00:57.65 | 0:24:36.95 | 1:42:14.25 |
| 178 | 116 | Natalie | Moore | F | 43 | F 25-29 | 6 | 0:08:54.20 | 0:01:43.95 | 0:57:56.75 | 0:02:24.90 | 0:33:10.20 | 1:44:10.00 |
| 179 | 7 | Mandy | Thompson | F | 44 | F 45-49 | 7 | 0:13:57.05 | 0:05:19.85 | 0:51:40.75 | 0:03:01.35 | 0:30:13.20 | 1:44:12.20 |
| 180 | 21 | John | Sweetnam | M | 136 | M 45-49 | 33 | 0:14:59.85 | 0:04:01.30 | 0:56:22.60 | 0:00:48.25 | 0:28:01.20 | 1:44:13.20 |
| 181 | 50 | Dean | Pamphilon | M | 137 | M 50-54 | 13 | 0:11:11.60 | 0:04:28.80 | 0:53:40.60 | 0:02:14.70 | 0:33:22.90 | 1:44:58.60 |
| 182 | 33 | Sarah-Jane | Quinn | F | 45 | F 25-29 | 7 | 0:12:37.05 | 0:02:31.65 | 1:00:07.45 | 0:01:03.55 | 0:29:26.05 | 1:45:45.75 |
| 183 | 10 | Meena | Patel | F | 46 | F 25-29 | 8 | 0:12:43.60 | 0:04:24.65 | 0:57:35.95 | 0:00:55.05 | 0:30:08.50 | 1:45:47.75 |
| 184 | 173 | Suzanne | Seath | F | 47 | F 40-44 | 9 | 0:08:38.40 | 0:03:30.25 | 0:53:59.75 | 0:02:30.85 | 0:37:34.30 | 1:46:13.55 |
| 185 | 74 | Andrew | Tominey | M | 138 | M 55-59 | 6 | 0:14:41.25 | 0:00:00.00 | 0:57:21.95 | 0:01:03.75 | 0:33:52.80 | 1:46:59.75 |
| 186 | 12 | Jennifer | Tawiah | F | 48 | F 40-44 | 10 | 0:17:22.45 | 0:03:07.30 | 0:58:13.45 | 0:01:38.65 | 0:27:47.05 | 1:48:08.90 |
| 187 | 8 | Lucy | Wheeler | F | 49 | F 40-44 | 11 | 0:11:33.65 | 0:02:13.75 | 0:58:34.35 | 0:02:11.75 | 0:33:55.50 | 1:48:29.00 |
| 188 | 127 | Julie | Andrews | F | 50 | F 40-44 | 12 | 0:09:18.15 | 0:02:42.50 | 0:57:26.85 | 0:03:06.05 | 0:37:24.30 | 1:49:57.85 |
| 189 | 85 | Aaron | Frogley | M | 139 | M 30-34 | 19 | 0:07:55.90 | 0:02:49.80 | 0:59:21.45 | 0:01:53.65 | 0:41:19.95 | 1:53:20.75 |
| 190 | 77 | Cathryn | Jones | F | 51 | F 45-49 | 8 | 0:10:44.60 | 0:04:40.50 | 1:00:23.10 | 0:01:55.90 | 0:36:21.85 | 1:54:05.95 |
| 191 | 32 | Kate | Collis | F | 52 | F 35-39 | 6 | 0:13:58.20 | 0:01:42.70 | 1:06:13.70 | 0:01:14.80 | 0:34:15.45 | 1:57:24.85 |
| 192 | 26 | Emily | Corsellis | F | 53 | F 40-44 | 13 | 0:13:04.95 | 0:03:21.05 | 1:06:27.50 | 0:00:56.00 | 0:36:46.35 | 2:00:35.85 |
| 193 | 46 | Philippa | Roots | F | 54 | F 35-39 | 7 | 0:11:18.30 | 0:05:02.20 | 1:14:20.70 | 0:01:11.20 | 0:30:25.85 | 2:02:18.25 |
| 194 | 20 | Carmen | Dorsett | F | 55 | F 40-44 | 14 | 0:13:39.60 | 0:05:11.70 | 1:11:23.55 | 0:02:54.90 | 0:30:20.25 | 2:03:30.00 |
| 195 | 18 | Gordon | Meyers | M | 140 | M 60-64 | 1 | 0:16:06.70 | 0:04:13.55 | 1:07:44.60 | 0:01:27.25 | 0:34:17.30 | 2:03:49.40 |
| 196 | 15 | Jake | Raj | M | 141 | M 40-44 | 26 | 0:19:40.35 | 0:05:59.15 | 1:02:50.70 | 0:01:52.10 | 0:34:18.85 | 2:04:41.15 |
| 197 | 2 | Harry | Jones | M | 142 | M 40-44 | 27 | 0:22:51.90 | 0:05:58.00 | 0:54:46.00 | 0:03:09.75 | 0:40:38.40 | 2:07:24.05 |
| 198 | 75 | Sharon | Wheatley | F | 56 | F 40-44 | 15 | 0:18:15.15 | 0:05:06.65 | 1:08:51.00 | 0:01:16.70 | 0:44:50.90 | 2:18:20.40 |
| 199 | 65 | Nicole | Sexton | F | 57 | F 25-29 | 9 | 0:07:47.75 | 0:04:42.60 | 1:29:24.15 | 0:02:01.95 | 0:38:03.65 | 2:22:00.10 |
| 200 | 1 | Georgie | Cleary | F | 58 | F 20-24 | 9 | 0:16:59.55 | 0:11:33.15 | 1:29:29.20 | 0:01:54.90 | 0:38:03.60 | 2:38:00.40 |
| DNF | 53 | Hannah | Phillips | F | | F 25-29 | | 0:10:13.20 | 0:00:00.00 | 1:00:27.85 | 0 | 0 | 0 |
| DNF | 188 | Andy | Paine | M | | M 30-34 | | 0:08:27.60 | 0:01:13.35 | 1:42:17.55 | 0:01:22.00 | 0 | 0 |
| DNF | 224 | John | Potter | M | | M 35-39 | | 0:06:36.50 | 0:00:37.90 | 0:36:00.65 | 0:00:38.70 | 0 | 0 |
| DNF | 70 | Andrew | Dadswell | M | | M 40-44 | | 0:09:00.10 | 0:01:36.95 | 0 | 0:00:00.00 | 0 | 0 |